

REFLECTION GUIDE

CHECK-IN

What is something you are looking forward to?

SCRIPTURE

Mark 2:1-12

REFLECT

What word or phrase from the passage stuck out to you?

PRAYER

Lord, we need your healing and your grace. We reach out to You, and know that You are restoring and redeeming every place of difficulty, every battle, for your greater glory. Amen.

RESPOND

Reflect on your own healing experiences, both physical and emotional/spiritual. Which ones were most difficult? Most meaningful?

Where are places in your life that you still hope for healing?

If you can point to Jesus as a source of healing in your life, how might you share that story with others?

CLOSING

What or whom can we be praying for?

